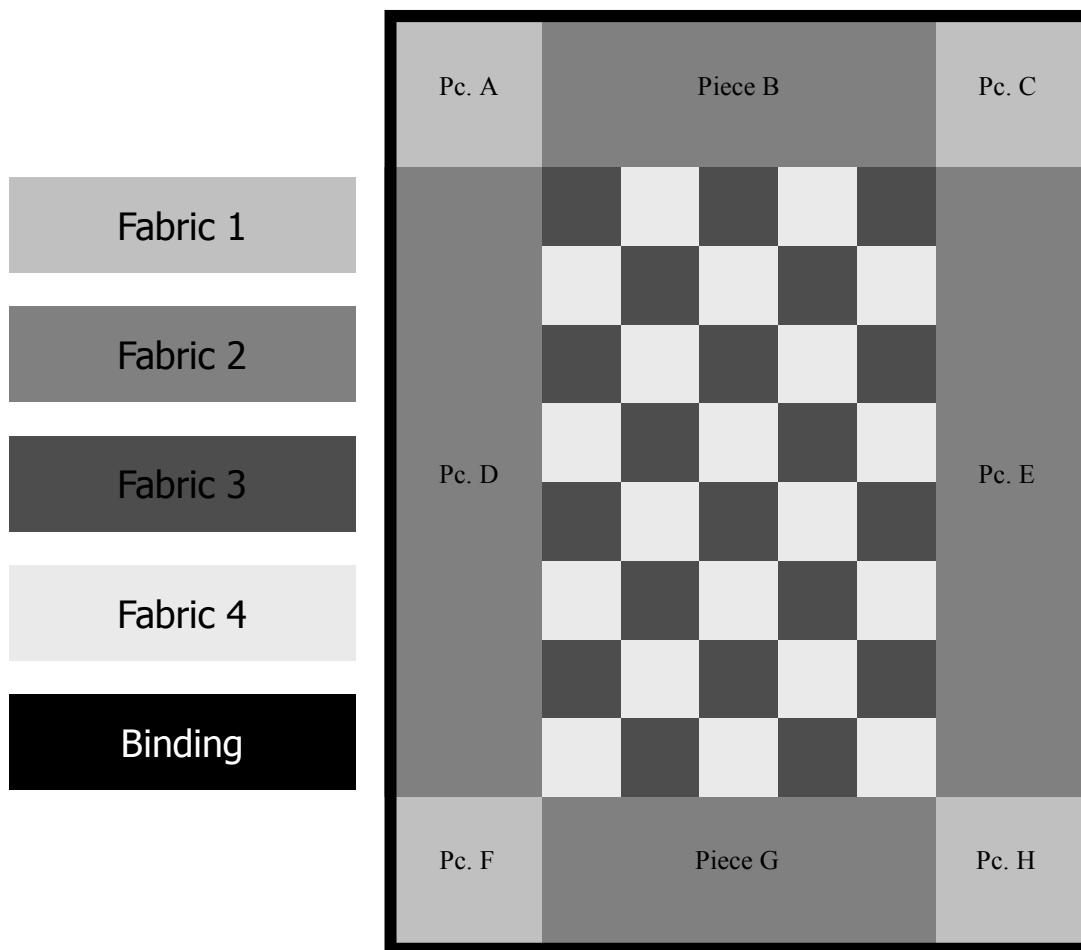


Simple & Quick Deployment Quilt Design

Finished Size 45" x 60"



Material List*:

- 1/3 Yard - Fabric 1
- 1-1/4 Yard - Fabric 2
- 1/2 Yard - Fabric 3
- 1/2 Yard - Fabric 4
- 1-2/3 Yard Backing Fabric
- 1 "Crib Size" Roll of Batting (45" x 60"; "Old Fashioned" flat batting is preferable)
- 6 Yards of Double-Fold Bias Quilt Binding
- Coordinating Thread
- Optional Items (if adding pocket to back):
 - 2 Heavy Duty Snaps, 1/8 Yard Fusible Heavyweight Interfacing (or a scrap, if available)

**All fabric measurements are for 45" wide fabrics.*

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Simple & Quick Deployment Quilt Instructions:

Cutting...

- ◇ Cut 4 squares from Fabric 1 at 10.50" x 10.50" (Pieces A, C, F, H)
- ◇ Cut 2 rectangles from Fabric 2 at 10.25" x 26" (Pieces B, G)
- ◇ Cut 2 rectangles from Fabric 2 at 10.50" x 41" (Pieces D, E)
- ◇ Cut 20 squares from Fabric 3 at 6" x 6"
- ◇ Cut 20 squares from Fabric 4 at 6" x 6"
- ◇ ****Optional**** Cut pocket pieces (see page 4) from Fabric 2.

Sew Quilt Top...

****All seams are 0.50". Only basic sewing skills are needed.****

1. Following diagram on page 1, sew 6" squares from Fabrics 3 and 4 together in rows of 5.
2. Sew rows together to form quilt center, being careful to match seams.
3. Sew pieces D & E to sides of quilt center.
4. Sew pieces A & C to the ends of piece B.
5. Sew this newly formed strip (A-B-C) to top of quilt.
6. Sew pieces F & H to the end of piece G.
7. Sew this newly formed strip (F-G-H) to bottom of quilt.

Attach Optional Pocket to Back...

****Use 0.25" seams. This pocket is a popular addition to the quilt, which allows soldiers to safely tuck letters and photos away for later reading. For position of pocket, etc., see the diagram on page 3. It is important to use this position (within the boundaries of where the quilting stitches will be around piece C)****

1. Fuse interfacing to wrong side of one of the pocket flap pieces.
2. Sew pocket flap pieces together (right side to right side) leaving a small opening so that you can turn it right side out.
3. Sew pocket pieces together in the same way.
4. Clip corners and turn pieces.
5. Iron to insure crisp corners.
6. Attach bottom portion of snaps to pocket, approximately 1" in from the top and sides of the pocket.
7. Pin pocket in proper position (about 3.5" from top and side of top left-hand corner of the backing fabric). Make sure opening left for turning is on one of the sides or bottom, so that the following step will close the opening.
8. Attach pocket to backing fabric by sewing on side and bottom edges. (Adding two lines of stitches can be helpful as it strengthens the pocket.
9. Pin pocket flap in place. It is best to "eyeball" this to make sure it's centered over the pocket and that the top of the flap is about 3/4" above the top of the pocket. Make sure opening left for turning is on the top edge.
10. Sew two lines of stitching across the top of the flap (as close to the edge as possible).
11. Attach top portion of snaps, being careful to make sure they line up with the already attached bottom sections.

Quilting...

****If you've never made a quilt before, think of it like a sandwich. The quilt top and the backing fabric are the "bread" and the quilt batting is the "meat".****

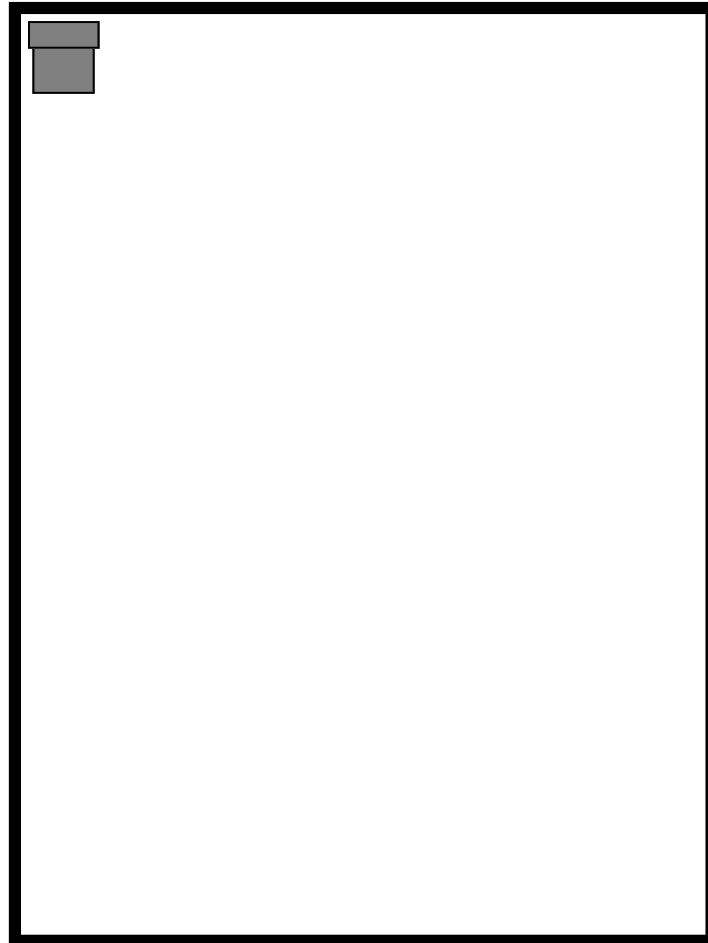
1. Lay quilt backing fabric flat, face down.
2. Unroll batting and lay it on top of backing fabric.
3. Lay quilt top, face up, on top of batting - making sure edges line up. (If any pieces are larger than they should be, wait until after you've finished quilting before trimming!)
4. Pin layers together (You can't overdo this step. It's very important that the layers don't slide while you're quilting.)
5. Add the stitches around the center portion of the quilt (the 40 small squares), following the previous quilt top seam lines.
6. Add the stitches in the center portion of the quilt, trying if at all possible to sew from top to bottom first and then adding the horizontal lines.
7. Finish any remaining outside lines (around pieces A, C, F, H).

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Binding...

1. Trim layers so that all edges are straight and even.
2. Start the binding in the middle of the bottom edge of the quilt.
3. For complete binding instructions and pictures, go to <http://www.wrights.com/wrights/class/sewing/quiltbinding/quiltbinding.htm>. (Their instructions are *much* better than mine!)



Back of Quilt (with optional pocket)

Other ideas...

This quilt is also a perfect gift for soldiers recovering in the hospital. If you have fabrics or old clothes that are significant to your soldier you can incorporate them in the quilt (I added pieces of tablecloths from our wedding and pieces of our daughters outgrown clothes). You can also purchase kits to transfer photos onto fabric and add those to your quilt.

More information about FamilyOfAVet.com...

FamilyOfAVet.com is an online source for real-world information about PTSD (Post Traumatic Stress Disorder) and other "after combat" issues. The site was started by the wife of an Operation Iraqi Veteran who witnessed first-hand the lack of resources and support for new Veterans and their families. The original founder has now been joined by a group of Veteran spouses who all share a vision of educating and helping Veterans, their spouses, children, parents, and other loved ones survive and thrive following combat. Please visit our [free](#) site and join us in the fight to make sure every returning hero and his or her family is given the loving, worthwhile support, information, and counseling they need and deserve!

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Pocket Flap
(Cut 2 of Fabric, Cut 1 of Interfacing)

Pocket
(Cut 2 of Fabric)