



# Help your families cope with life after combat!

Are you the leader of a Family Readiness, Key Volunteer, Family Support, or other military family organization? Are you in a position where helping military families successfully cope with life after combat is a top priority? If so, **we'd LOVE to help you and the heroes and loved ones you serve.**

Many veterans, and those who love them, are struggling each day with life after combat. **Post-Traumatic Stress Disorder (PTSD) and Traumatic Brain Injury (TBI)** are literally destroying the lives of many heroes and families. One of the best ways for us to stop that trend is to make sure that the spouses, parents, children, siblings, and friends of our nation's heroes are well educated and prepared to cope with the day-to-day impact of these "invisible" injuries.

If you would like to take steps to educate your families, we have a **FREE, ready-to-use presentation packet** that covers PTSD (post-traumatic stress disorder), Secondary PTSD, Children & PTSD, TBI (traumatic brain injury), and Explaining TBI to Kids. The presentation packet contains:

- 12 pages of handouts
- PowerPoint Presentation (26 slides)
- Full script for presentation
- Information & guidance for presenter
- Flier to announce training
- Feedback form

To receive the packet via e-mail, or for more information, please visit <http://tinyurl.com/MilFamEd>. Packet requests are typically fulfilled within 72 hours.



## FamilyOfaVet.com

a non-profit organization dedicated to helping heroes & their loved ones survive & thrive after combat

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